

THE VOICE

of the

LARYNGECTOMEE CLUB OF MONTGOMERY COUNTY SILVER SPRING, MARYLAND

SERVING THE GREATER WASHINGTON, DC METROPOLITAN AREA

Established in 1970

Affiliated with the American Cancer Society South Atlantic Division, Inc
Member of the International Association of Laryngectomees



JULY, 2008

MEETING MINUTES

May 14, 2008

The May meeting was called to order at 7:40pm by **President Herb Simon**. Those in attendance were Sally Simon, Jackie Windsor & Pearl Edwards, Mary Speiden, Itzhak & Joyce Brook, Howard Eskildson, Edward Akwe, Yesica Rosas, Marina & José Cruz, Charles & Annie Pickett and grandson Kavon Grant, Bill & Annetta Rapp, Rudolph Daniels & Susan Wright, Beth Solomon, and special guests: InHealth Technologies representatives Jennifer Kenney and Richard Crum. **Richard Crum**, a twenty year laryngectomee, read the Prayer for a Laryngectomee. He is also adept at speaking esophageally and with an electro-larynx.

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MARK YOUR CALENDAR

JULY 9th – 6:30pm
SPEECH CLASS
with Beth Solomon

JULY 9th – 7:30pm
Business & Social Meeting
Refreshments – Sally & Herb

JULY 23rd – 7:00pm
SPEECH CLASS
with Beth Solomon

FOR LCMC INFORMATION
CONTACT: HERB SIMON
301-588-2352
H457@aol.com

A GREAT BIG HUG

It has no moving parts, no batteries,
No monthly payments and no fees.
It is inflation proof and non-taxable.
In fact, it's even quite relaxable!
It can't be stolen, and it won't pollute.
One size fits all; do not dilute.
It uses little energy,
But it yields results enormously.
It relieves your tension and your stress,
And it will invigorate your happiness.
It combats depression, makes you beam,
And elevates your self esteem!
Your circulation it corrects,
Without unpleasant side effects.
It is, I think, the perfect drug:
May I prescribe a great big hug?
And, of course,
It is fully returnable!

LCMC 2008 DUES ARE DUE!



Have you sent yours?

Make your check payable to:

**The Laryngectomee Club
Of Montgomery County
or LCMC**

Send it to:

**HERB SIMON, Treasurer
403 Hamilton Avenue
Silver Spring, MD 20901**

Annual dues are \$5.00 per person or \$10 per family. Many of us send additional money with our dues, to make a donation to the club. These donations help us to continue our helpful and charitable endeavors.

Happy Birthday



July 7th	Steve Arnold
July 8th	Chuck Silsbee
July 12th	Preston Coffey
July 23rd	Lorri Goodpaster
July 30th	Andre Ponsart

Happy July 4th



MEETING MINUTES

(Continued from page 1)

For the benefit of our first time attendees and our special guests, we all introduced ourselves with the laryngectomees telling when and where we each had our surgery. Richard was introduced and began by giving us some background about his life. He became an auctioneer in 1978. In July, 1988 he became a Laryngectomee. He didn't let that deter his desire to continue his career as an auctioneer, which he had grown to love and enjoy. In the Fall of 1988, Richard became a TEP speaker. This helped him to continue with auctioneering. He even gave us a demonstration of what he sounds like, when conducting an auction. In 1992, after a long and determined effort, Richard became a consultant for In-Health Technologies. This company manufactures the Blom-Singer TEP prostheses and other medical products and supplies for the Laryngectomee. Richard shared how much he likes this consulting work because it enables him to both meet and assist fellow Laryngectomees. He travels worldwide speaking and bringing help and supplies to those in need. He and Jennifer told us of some new groundbreaking developments on the horizon for TEP users. HMEs were also discussed at length. There were many great questions from the attendees that were answered. A nice selection of InHealth information materials and supplies were given to those present. Richard and Jennifer were given a nice round of applause at the conclusion of the presentation. The business meeting started at this point with a correction to the Minutes of the May Meeting that were posted in June issue of THE VOICE. **Annie Pickett** pointed out that her first name appeared as Mary in the newsletter, rather than Annie. With that being recognized, the Minutes were approved as corrected.

Treasurer's Report – Herb reported that we now have 55 dues paying members in 2008. He also reported that there was a deposit made and no checks written, since the last report. A Thank You card for our local ACS office that will accompany our gift to them for all of their help and support over the years was passed around and signed by all in attendance.

Aunt Bea's Sunshine Report – **Ish Rivera** was not in attendance due to having had cataract surgery, earlier in the day. **Bob Griffing** has been very busy tending bar and has also had multiple medical tests performed. **Addie Shaw** wanted to attend tonight, but was unable to. Herb read a lovely note from **SLP Sharon Khoo** that accompanied a generous donation to LCMC. The note was to thank Herb & **Irv Title** for addressing her graduate SLP class last month. She expressed how helpful the presentation was for these soon-to-be SLPs. Herb read another note that arrived in a package of handmade, small-sized knit stoma covers that was sent to LCMC by **G.C. and Faye Rogerson**, who live in LaPlata, MD. Also included were their annual dues and a very generous donation to LCMC. Another nice message that accompanied dues was read. This one came from **Ponnuswamy Jayaraman**, who lives in Mechanicsville, MD. He expressed his hopes to attend some future club functions. **Mitzi & Pat Warren** were not here this evening. Pat had been in town for a couple of days earlier in the week working on Mitzi's A/C system, which had broken down during the extreme heat of the past week. He was tired and just not up to making the trip from his Solomon's Island home, so soon.

Words of Wisdom from Beth Solomon – **Beth** told us that when we are vacationing this summer, we should try to locate a SLP and/or an ENT in the vicinity of wherever we will be. It is a good idea to have this information ahead of time, just in case a need for professional help arises, while you are away.

Old (unfinished) Business – As a follow-up from last month's meeting, **Mitzi Warren** has started to develop an LCMC website. We will have more information on this at future meetings. As for a change in our Club name: it was decided by

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MEETING MINUTES

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members present at the April meeting to not pursue this any further for now. Unless a motion is made to change our name, this is no longer a consideration. Herb updated us on the **Mid-Atlantic Laryngectomee Conference** that is scheduled to be held in September, 2009 at the Fox Chase Cancer Center in Philadelphia, PA. He shared that several committees have recently been formed to facilitate the organization of the many different facets of this event. He also said that candidates for a Key Note Speaker are being considered. Hopefully many LCMC members will attend this event.

New Business— None

Copies of the 'Whispers on the Web' newsletter were passed out to all in attendance. Our thanks go out again to Richard and Jennifer for a very informative and interesting presentation and discussion. Thanks to **Pearl and Jackie** for the yummy refreshments this evening. They brought a variety of fresh fruit with a very delectable cream cheese fruit dip. In addition, there was also a nice variety of cookies. Everyone seemed to enjoy the treats. Our thanks also go to **Sally** for making the coffee and bringing the cold drinks each month. Sally volunteered to bring the goodies for our July meeting. Pearl motioned, Howard seconded, and it was unanimously passed to adjourn the meeting at 8:55.

*---Respectfully submitted by,
Mary Speiden*

TOBACCO AWARENESS PRESENTATION



On May 28th – **Bob Griffing** showed the 'No Ifs, Ands or Butts' DVD to two classes that he addressed at Wood Middle School. A total of 60 students were present for Bob's Tobacco Awareness presentations. The students asked good questions and many of them tried talking with Bob's Servox.

IN MEMORIAM



Jerome Lloyd (Jay) LeMaster, Jr.

Jay, the beloved husband of Jane, was 80 years old when he passed away on December 27, 2007 at a nursing home in NY, after a long illness. The son of a professor of Business Law at Oregon State University, Jay had an abiding love for the rule of law and put that love to work for the International Association of Laryngectomees. As a member of the Board of Directors, he was a longtime member and chairman of the Bylaws Committee. In addition to working on year-to-year changes, he was responsible for a comprehensive revision of the bylaws, several years ago. This was a massive undertaking, because over the years so many inconsistencies developed. Jay worked hard to clean up this essential IAL document. Before becoming a laryngectomee in 1991, Jay was a self employed artist and illustrator. He was a graduate of both Oregon State University and the Arts Center College of Design in Paskenta, CA. Jay was a pillar of his local support group (Nu Voices of Mount Sinai Hospital) and was involved in all aspects of its work. Especially active in Tobacco Awareness, he spoke to thousands of students over the years --- primarily at Washington Irving High School. The mounds of letters from students who wrote him to say they would never smoke and/or would encourage family members to stop smoking was a source of great pride and joy for Jay. Also active in working to make New York's public places smoke-free, he participated in the famous demonstration with activist Michael Moore at the corporate headquarters of the Philip Morris Tobacco Company to protest their advertising, particularly to young people. The demonstration later moved to the home of the CEO of Philip Morris, where the demonstrators decorated trees on the property with empty cigarette packages. Jay and Jane loved the theater. When they attended the IAL Annual Meetings and danced at the banquets, they were referred to as "Fred & Ginger!" Jay helped new laryngectomees and their families to learn that there can be life, and in many cases a full and productive one, after a laryngectomy. Memorial Sloan-Kettering awarded Jay a Certificate of Recognition in honor of his constant devotion and his many years of compassionate service and expertise as a patient-to-patient volunteer. Jay will be especially remembered for his unselfish attention to his fellow laryngectomees, when ever he found one in need of help, answers and/or inspiration.

Editor's Note: Jay's wife, Jane, has remained active in the laryngectomee community. She continues to receive THE VOICE each month and has recently sponsored several New York laryngectomees to be members of the Laryngectomee Club of Montgomery County. Thank You, Jane.

2008



IAL ANNUAL MEETING & VOICE INSTITUTE

Registration is now open for the IAL Annual Meeting and Voice Institute that will be held in Little Rock, AR on August 28th – 30th. The Voice Institute will begin a day earlier on August 27th.

Dr. Eric Blom, the co-inventor of the voice prosthesis used with the TEP, will be the Keynote Speaker. The title of Dr. Blom's address will be *"Thirty Years of Inventing Devices that restore human speech . . . and Human Dignity"*.

Many vendors, who provide us with our laryngectomy supplies, will be present with their products on display. They will also be giving away many free samples.

The meeting this year will be at the four-star rated Peabody Hotel. The Peabody is famous for their ducks that have a procession down the red carpet from their home to the lobby fountain, where they spend the day, before returning to their quarters in the afternoon. The Peabody is offering a discounted room rate of \$110.00 per night for IAL meeting attendees (single or double occupancy). To make your room reservations call **1-800-325-3535**. The registration fee is \$65.00 per person if mailed before 8/1/08. After that, it will be \$70. You can send payments to the IAL 925B Peachtree St, NE, Suite #316 Atlanta, GA 30309 or on-line at:
<http://www.larynxlink.com/littlerock/>

Registration forms can also be found in the May issue of the IAL Newsletter.

Let's Try AGAIN!

For Your Viewing Pleasure



"REGAINING SPEECH AFTER LARYNGECTOMY"

**This DVD by the
Boston Cured Cancer Club**

Will be shown at the
LCMC MONTHLY MEETING
on
JULY 9th

This new DVD is well done and loaded with great information for anyone who is involved with Laryngectomy and/or Laryngectomees. Everyone is invited (including medical professionals) to view this educational and interesting film with us at our July meeting. Refreshments will be served. We Hope You Will Join Us.

**LCMC Members
are invited to attend**

**The New Voice Club of Northern Virginia
ANNUAL PICNIC**



Saturday - July 19th at 2 pm

At the home of Gil & Barb Giles

511 Worchester St. Herndon, VA. 20170

RSVP, Directions & Questions

703-904-9776 – Home Phone

gilbertgiles74@msn.com - Email

The burgers, dogs, fixin's and soft drinks will be provided. If you are able to, please bring an appetizer, side dish or dessert. There is always plenty, so don't worry if you can't bring something!